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HEALTH AND WELLBEING BOARD: 16 MARCH 2017

REPORT OF LEICESTERSHIRE COUNTY COUNCIL DIRECTOR OF ADULTS AND COMMUNITIES

PROPOSAL FOR JOINT COMMISSIONING OF A DEMENTIA COMMUNITY AND HOSPITAL INREACH SERVICE FOR LEICESTER AND LEICESTERSHIRE

Purpose of report

1. The purpose of this report is to inform the Board about the proposals for the future joint commissioning of a dementia community and hospital inreach support service, and to seek agreement for the use of Better Care Fund monies for this purpose.

Link to the local Health and Care System

- 2. The service links to a range of local strategies and plans across both health and social care:
 - a. The proposed service will support Outcome 5.4 of the Joint Health and Wellbeing Strategy: "Increase the early detection and improve the management of dementia", through raising awareness, supporting people with concerns about memory, and then offering advice, information and individual support in both community and acute settings.
 - b. Outcome 5.4.1 of the Better Care Fund plan 2016/17 sets out intentions to provide integrated support, and to progress shared care. The proposed service will support people to identify and access appropriate services in a timely manner, and will help them to develop resilience and to remain living independently for as long as possible through good information, specialised support and links to community resources.
 - c. The LLR Sustainability and Transformation Plan (STP) outlines the need to improve mental health outcomes and to focus on prevention, particularly in relation to modifiable factors. The new service will help people to adopt a healthy lifestyle, reduce social isolation and will offer support for carers, all of which are identified within the STP as issues which if addressed can improve outcomes for individuals. The STP also identifies the need to improve the pathway for support for people with dementia and achieve effective transfers of care, which will be supported through the continuity of provision offered by a joint service.
 - d. The proposed service aligns with the Leicestershire County Council Adult Social Care Strategy, and will help to prevent, reduce and delay need through helping people to stay well and plan for the future.

Recommendations

- 3. It is recommended that:
 - a. The proposal for joint commissioning of a Dementia Community and Hospital Inreach Service, to support the ambitions of the LLR STP and improve the support pathway for people affected by dementia, be approved by the Board;
 - b. The Board agree to a 10% efficiency saving against the current allocation of Better Care Fund resources, resulting in a contribution of £287,000 per annum (subject to approval of the Better Care Fund plan).

Policy Framework and Previous Decisions

- 4. The relevant policy framework includes:
 - The Care Act 2014;
 - Adult Social Care Strategy ('Promoting Independence, Supporting Communities; Our vision and strategy for Adult Social Care 2016);
 - Better Care Together (BCT) Five Year Strategic Plan (2014);
 - LLR Sustainability Transformation Plan (LLR STP) (2016).
- 5. In February 2014, Leicestershire County Council's Cabinet authorised the Health and Wellbeing Board to approve the Better Care Fund Plan and plans arising from its use. Dementia Support Services in Leicestershire are entirely funded by the Better Care Fund Plan.

Background

6. A review of service provision for people affected by dementia across health and social care identified the need for an overall integrated community service for the City and County, and to ensure that support continued if this involved a period in one of the University Hospitals of Leicester.

CCGs - Current Service provision

- 7. The three local CCGs (East Leicestershire and Rutland, West Leicestershire, and Leicester City) currently commission a Hospital Dementia Support Service to which they all contribute equally, at a total cost of £100,000 per annum (from the BCF). This service is separate from, and in addition to, the community services commissioned by the County Council and, in Leicester, the City Council.
- 8. In 2015/16, a total of 495 people accessed this hospital service. Of these, 116 were supported with information only (this includes ward staff seeking assistance to support inpatients and/or their carers). Of the 379 who received direct support, 220 were County residents, 117 were City residents and 42 were unknown the latter are likely to be carers of people who live in Leicester or Leicestershire, but who themselves live outside the area.

<u>Leicestershire - Current Service Provision and Review</u>

- 9. The current County Council commissioned service (Memory Support Co-ordination Service) is provided by the Alzheimer's Society, which was awarded the contract through a competitive tender process in 2014. The service commenced on 1 October 2014 for an initial period of one year, with an option for the contract to be extended for a further two years, in one-year periods.
- 10. This service aimed to ensure that there was equitable provision across the county, as some areas had previously been poorly served, and to meet several key objectives of the LLR Joint Dementia Commissioning Strategy 2011-14 through provision of information, guidance and signposting, one to one support to access other community opportunities and plan for the future, emotional support, a range of support groups and training for carers.
- 11. The service currently provides a range of 'memory cafes' and groups for carers and service users to engage in activities and find peer support, a carers' training programme and one-to-one episodic support in response to particular need.
- 12. In 2015/16, the service handled 2,673 referrals, and an average of 620 people per month used dementia cafes, carer support groups and activity groups, all located in and around the county. During the year 52 carers attended the CRISP training programme (a Carer Information and Support Programme run by the Society).
- 13. The current budget for this service is £319,000 per annum (from the BCF).

Leicester City – Current provision

14. Leicester City Council also commission a community dementia support service (Adult Social Care funded) costing £102,000 per annum.

Demand for Services in Leicestershire

- 15. In 2013/2014 4,170 people within the registered population were diagnosed with dementia (0.6%), the same as the England average. This represents an increase of 10% in the number of people recorded with dementia; a reflection of the work undertaken within primary medical care to improve diagnosis and recording.
- 16. The number of adults with early onset dementia (i.e. affecting people under 65 years of age) is predicted to rise from 178 in 2014 to 190 in 2,030, with a peak of 198 by 2025. The number of older people with dementia is predicted to rise from 9,125 in 2015 to 12,927 in 2025.

Both locally and nationally people with dementia tend, on average, to stay in hospital for twice as long as people over 65 without dementia.

Proposals/Options

17. All current services have been under review and are now part of plans to commission an integrated service working across Leicester City and Leicestershire. The service

will be funded from an aligned budget (County and City BCF and City Council funds) to bring together three separate current services: the County Memory Support Coordination Service, the City Dementia Support Service and the CCG Hospital Dementia Support Service.

- 18. The new service will provide community support and a hospital inreach element to ensure seamless service for people affected by dementia, and to support transfer from acute to community settings. It will support the STP aims of improving the pathway to support and will promote self-management thus enabling people to remain in, or return to, non-acute or residential settings.
- 19. It is intended that the service will receive direct referrals from the Memory Assessment Clinic service (commissioned by CCGs and provided by LPT) at the point of diagnosis (on an opt-out basis to ensure proactive engagement with people affected by dementia), and from GPs in relation to planned admissions to hospital of people with dementia.
- 20. Leicester City Council will act as lead commissioner, organising procurement and contract management. The joint commissioning partners will have oversight of performance monitoring and ongoing service development and improvement. The provider will be required to report on activity by CCG area.
- 21. The contract management arrangements are still to be finalised (through authority delegated to the Director of Adults and Communities by Cabinet), but will ensure that service delivery to Leicestershire residents is proportionate to the County BCF funding contributions. The contract will also include appropriate mechanisms to review this on an annual basis.

Consultation/Patient and Public Involvement

- 22. Council officers have visited a range of dementia support groups and memory cafes to engage with the people who use them. Whilst there are no proposals to remove any element of the current service model, this engagement has been used to identify what is most important to people affected by dementia, including carers. The main findings are:
 - a. The links between memory services and GPs are not consistent in all areas;
 - b. One to one support is very important in helping people to navigate complex systems within health and social care;
 - c. Carers groups offer emotional and peer support; activity groups are highly valued for the stimulation and social interaction for the person with dementia, and as a brief "break" for their carers.
- 23. The Better Care Together (BCT) Frail Older People (FOP) Dementia Workstream has overseen the development of these proposals.
- 24. A report is being presented to Leicestershire County Council's Cabinet on Friday 10th March seeking Cabinet approval for the joint commissioning of the service, with Leicester City Council acting as lead commissioner.

Resource Implications

- 25. The total future BCF investment (health and social care) is £376,975 per annum. This comprises £287,000 from the County Council and £90,000 from the LLR Clinical Commissioning Groups (CCGs) (£30,000 each). In addition, Leicester City Council proposes to reinvest £102,000 each year into the future service provision. This will therefore result in a total budget for the new service for Leicester and Leicestershire of £479,000 per annum.
- 26. Leicester City Council will provide the resources for procurement and contract management. Council and CCG officers will be involved in development of all relevant documentation, including the service specification, contract and Invitation to Tender, in the evaluation of bids for the contract, and in ongoing performance monitoring and management.

Background papers

Report to Cabinet 10th March 2017: http://ow.ly/PAs4309Hrnh

<u>Circulation under the Local Issues Alert Procedure</u>

None.

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Relevant Impact Assessments

Equality and Human Rights Implications

27. A Better Care Together Equalities and Human Rights Impact Assessment will be completed jointly by the commissioning partners. It is envisaged that the future proposed model, offering a single integrated service, will better support equality across Leicester and Leicestershire. Any emerging issues will be addressed within the service specification, procurement exercise and (if required) through contract management.

